



HERALD PRESS

An invitation to personal, spiritual, and social healing

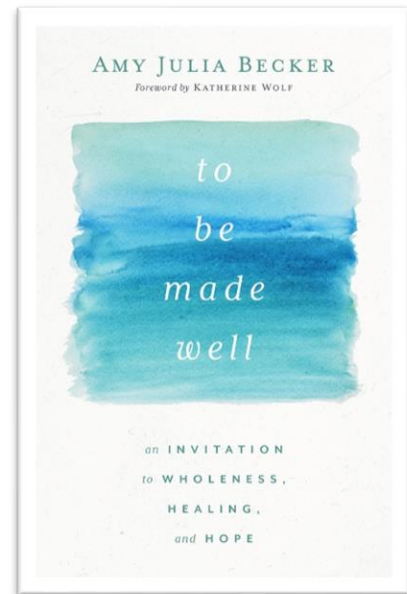
Becker takes readers on a journey to wholeness in *To Be Made Well*

“Timely, practical, and full of hope, *To Be Made Well* is a beautiful offering for our weary, splintered, and hurting world. Amy Julia Becker skillfully addresses our personal and collective need for healing through examples from the Bible, from her own life, and from a diverse range of trusted leaders. These pages hold timeless lessons and helpful application. Highly recommend!”

—VIVIAN MABUNI, speaker, author of *Open Hands, Willing Heart*, and founder/podcast host of *Someday Is Here* for AAPI women leaders

HARRISONBURG, Va. — You don’t have to look very far to find someone who is hurting physically or emotionally these days. Stress often manifests as real physical ailments. Modern medicine, as innovative as it is, sometimes has limits when it comes to healing. Author Amy Julia Becker addresses the pain we see all around us and the healing Jesus can bring in *To Be Made Well: An Invitation to Wholeness, Healing, and Hope* (Herald Press, March 2022).

From hurting bodies and souls to hurting relationships and communities, it’s clear that things are not as they should be. Many people live with varying degrees of physical pain, and others harbor the emotional pain of loneliness, shame, and guilt. Looking at our culture more broadly, we see the harm of our social divisions and the reality and impact of injustice and inequity.



“Many of us have physical ailments that stem from stress or heartache, whether it’s the minor affliction of a cold sore on a lip or the major disruption of a chronic condition,” explains Becker. “And even when we do not carry our emotional pain within our own bodies, our bodies nevertheless feel the pain and division of the world around us.”

In *To Be Made Well*, Becker tells her own stories of emotional and physical pain and the healing she found. Her reflections on Jesus’ healing work provide fresh insight into both the nature of healing and the pathway to healing, then and now. This book is a powerful invitation to personal, spiritual, and social healing as we reconnect to our bodies and souls, to God, and to our communities.

“My story of disability has offered a bigger reality that none of us can do this life alone, nor were we meant to,” says Katherine Wolf in the foreword. “We need God, and we need each other. And in this universal longing for healing, we can’t find what we’re looking for alone either. Nor were we meant to.”

For anyone struggling with pain or loss or concerned about the things that divide us, this book goes beyond wellness and beyond miraculous physical transformations to explore how we can—personally and collectively—be made well.



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Amy Julia Becker is an award-winning writer and speaker on faith, family, disability, and culture. She is the author of four books, including *White Picket Fences: Turning Toward Love in a World Divided by Privilege*. She hosts the *Love Is Stronger Than Fear* podcast. A graduate of Princeton University and Princeton Theological Seminary, Becker lives with her husband Peter and their three children, Penny, William, and Marilee, in western Connecticut.

To schedule an interview with Amy Julia Becker, contact LeAnn Hamby at 540-908-3941 or LeAnnH@mennomedia.org.

Suggested Interview Questions

1. You recently had a piece in the [New York Times](#) about children with disabilities. This is topic is personal for you and your daughter, Penny. What has having a daughter with Down Syndrome meant for you and your family?
2. How has having a child with a disability changed the way you think about healing?
3. What would you say to people who prayed for healing and didn't get the miracle they were looking for?
4. Modern medicine has taken care of many of the physical problems Jesus encountered in his day. What role is there for Jesus as a healer today?
5. How is physical healing related to emotional and spiritual healing? How are they related to social healing?
6. What are some of the barriers to healing?
7. You write about participating in healing. Is healing God's work or something we can do for ourselves? What does it mean to participate in healing?